

Shoalhaven Sports Board

Meeting Date: Wednesday, 08 March, 2017
Location: Jervis Bay Rooms, City Administrative Centre, Bridge Road, Nowra
Time: 5:00pm

Please note: Council's Code of Meeting Practice permits the electronic recording and broadcast of the proceedings of meetings of the Council which are open to the public. Your attendance at this meeting is taken as consent to the possibility that your image and/or voice may be recorded and broadcast to the public.

Agenda

1. **Apologies**
2. **Confirmation of Minutes**
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3. **Declarations of Interest**
4. **Reports**

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5. **General Business**

Membership

Mr David Goodman – Chairperson
Clr Amanda Findley
Clr Jo Gash
Clr Annette Alldrick
Clr Nina Cheyne
Clr Andrew Guile
Clr John Wells
Clr Patricia White
Clr Greg Watson
Clr Mark Kitchener
Clr John Levett
Clr Mitchell Pakes
Clr Kaye Gartner
Clr Bob Proudfoot
Mr Russ Pigg or nominee
Mr Andrew Johnstone
Mr Syd Weller
Mr Roger Walker
Ms Elaine Caswell
Mr Tony Hardman
Ms Elizabeth Tooley
Ms Lisa Kennedy
Mr Phil Newlyn
Mr Keith Wallace

Quorum – Seven (7)

Purpose

To coordinate sport in the Shoalhaven in accordance with the delegation set out below:

- To determine the strategic development of sports in the Shoalhaven to maximize the benefits to the people of Shoalhaven and make Recommendations to Council;
- Formulate Policies on the use of Grounds in the City of Shoalhaven;
- To determine and present recommendations to Council on the need for additional sporting facilities in the City;
- To establish priorities for the development of facilities in the City including both sport and recreation;
- To set priorities for Government Grants for sport and recreation facilities in the City;
- To provide recommendations to Council on strategic and financial matters relating to sport in the Shoalhaven;
- To promote the role and scope of sport and recreation to the Shoalhaven community.

Delegated Authority

To commit expenditure up to the budget limits determined by Council and allocated to the Sports Board.

MINUTES OF THE SHOALHAVEN SPORTS BOARD

Meeting Date: Wednesday, 14 December 2016
Location: Jervis Bay Rooms, City Administrative Centre, Bridge Road, Nowra
Time: 5.00pm

The following members were present:

Clr Nina Cheyne
Clr Bob Proudfoot – left the meeting at 5.50 pm
Clr Patricia White
Mr David Goodman - Chairperson
Mr Andrew Johnstone
Mr Roger Walker
Ms Elaine Caswell
Mr Keith Wallace
Ms Jane Lewis - Recreation Community & Culture Manager (General Manager's nominee)

Others Present:

James Harris – Unit Manager, Social & Infrastructure Planning
Sara McMahon – Unit Manager, Governance
Susan Edwards – Senior Strategic Planner
Kevin Norwood – Aquatics Manager
Ray Whiting – Facilities Coordinator
Glen Elliott – Social Infrastructure Officer
Tony Hardman
Phil Newlyn
Elizabeth Tooley

Apologies / Leave of Absence

An apology was received from: Clr Findley, Clr Pakes, Clr Gash, Lisa Kennedy

Confirmation of the Minutes

RESOLVED (Roger Walker / Andrew Johnstone)

That the Minutes of the meeting of the Shoalhaven Sports Board held on Wednesday 3 August 2016 be adopted.

CARRIED

Business Arising from Previous Minutes

The spelling of Andrew Johnstone's name to be corrected in item 6 of the previous minutes.

Sports Person Awards (refer to the Board's recommendation in the previous minutes and Council resolution of 16 August 2016 MIN16.655). It was noted that applications for the Australia Day awards, including the newly incorporated Sports Person awards, closed on 7 December 2016. The judging panel has made its decision and results will be announced on 25 January 2017. The Bernie Regan Memorial Trust's representative on the judging panel was Juanita Mackay.

Declarations of Interest

Clr White – SB16.1 Voluntary User Contribution Scheme – Round 2 Funding 2016/2017 – less than significant non-pecuniary interest declaration – The business item nominates funding to the Milton Ulladulla Rugby League Club for field improvements – will stay in the room and will take part in discussion and vote.

REPORTS

SB16.1	Voluntary User Contribution Scheme - Round 2 Funding 2016/2017	HPERM Ref: D16/361809
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James Harris spoke to the report. Clr White noted that there are considerable community & Show Society concerns at this time regarding the Milton Ulladulla Croquet Club and suggested that consideration of funding should be deferred until all issues are resolved. Members discussed the issue.

Members also discussed the 2016/17 funding for Milton Ulladulla RLFC and agreed to support the funding less the cost of the tree removal which is being funded by Council.

Recommendation

That Council support the Voluntary User Contributions Scheme – Round 2 Funding – 2016/2017, to be approved for:

1. Milton Ulladulla Croquet Club – Construct new croquet court Milton Showground (\$50,000) subject to Council considering feedback after the 2017 Milton Show and supporting the expansion of the croquet facilities on the Showground site.
2. Culburra Soccer Club – Subsoil drainage, Soccer ground Crookhaven Oval (\$18,000)
3. Project funds to be allocated from VUCS budget with a total of \$68,060.50
4. Milton Ulladulla RLFC – Partial sub surface drainage of field and warm up area renovation including removal of one eucalyptus paniculata – Grey Iron Bark (\$10,586) project be considered for VUCS funding in the 2017/2018 financial year.

RECOMMENDATION (Clr White / David Goodman)

That Council support the Voluntary User Contributions Scheme – Round 2 Funding – 2016/2017, to be approved for:

1. Milton Ulladulla Croquet Club – Defer any consideration of funding until such time as Council has made a decision to support the expansion of the croquet facilities on the Showground site.
2. Culburra Soccer Club – Subsoil drainage, Soccer ground Crookhaven Oval (\$18,000)
3. Project funds to be allocated from VUCS budget with a total of \$68,060.50
4. Milton Ulladulla RLFC – Partial sub surface drainage of field and warm up area renovation

(\$8486).

5. Remaining funds be carried over to the next round in 2017/2018.

CARRIED

**SB16.2 Shoalhaven Sports Board - Induction / Sporting Projects
Status Update**

**HPERM Ref:
D16/367011**

The Chairperson welcomed the new members and attendees introduced themselves. James Harris distributed an induction pack to members and staff provided a PowerPoint presentation. Sara McMahon, Unit Manager Governance provided information regarding Council's code of conduct & meeting procedure.

Recommendation:

1. Council appoint the following Shoalhaven Sports Board community member positions for a period of four (4) years (expiring December 2020)
 - a. Tony Hardman
 - b. Elizabeth Tooley
 - c. Lisa Kennedy
 - d. Phil Newlyn
2. Council approve the Chairperson elected by the Shoalhaven Sport Board, being (name to be inserted at the meeting) for an appointment term limited to two (2) years.
3. Council reaffirm the Shoalhaven Sports Board Terms of Reference (POL16/108)
4. Council endorse the following expiry time frames of December 2018 for existing community members on the Sports Board:
 - a. Andrew Johnstone
 - b. Syd Weller
 - c. Roger Walker
 - d. Elaine Caswell
 - e. David Goodman
5. Council endorse the following portfolio appointments for its community members being:
 - a. Sporting governance (names to be inserted at the meeting)
 - b. Communication and Marketing (names to be inserted at the meeting)
 - c. Grass Roots Club Development (names to be inserted at the meeting)
 - d. Grants and Funding (names to be inserted at the meeting)
 - e. Sports Tourism, Programs and Events (names to be inserted at the meeting)
 - f. Facility Development (names to be inserted at the meeting)
 - g. Talent Programs (names to be inserted at the meeting)
6. The entry road to Ulladulla Sports Park from the end of Camden Street (i.e. the entrance to the old Ulladulla Sewerage Treatment site) to the commencement of the Car Park be named Turley Blundell Drive.
7. Council erect a sign 'Turley Blundell Drive' at the entry road to Ulladulla Sports Park.
8. Council staff continue to negotiate with individual sporting clubs at Ulladulla Sports Park regarding the naming of ovals and facilities.
9. The report of the General Manager (Corporate & Community Services) concerning the status of various sporting projects detailed in this report be received for information.

RECOMMENDATION (Clr White / Andrew Johnstone)

That

1. Council appoint the following Shoalhaven Sports Board community member positions for a period of four (4) years (expiring December 2020)
 - a. Tony Hardman
 - b. Elizabeth Tooley
 - c. Lisa Kennedy
 - d. Phil Newlyn
2. Council approve the Chairperson elected by the Shoalhaven Sport Board, being David Goodman for an appointment term limited to two (2) years.
3. Council reaffirm the Shoalhaven Sports Board Terms of Reference (POL16/108).
4. Council endorse the following expiry time frames of December 2018 for existing community members on the Sports Board:
 - a. Andrew Johnstone
 - b. Syd Weller
 - c. Roger Walker
 - d. Elaine Caswell
 - e. David Goodman
5. Council endorse the following portfolio appointments for its community members being:
 - a. Sporting governance - Lisa Kennedy (TBC)
 - b. Communication and Marketing – Phil Newlyn and Elizabeth Tooley
 - c. Grass Roots Club Development – Elaine Caswell
 - d. Grants and Funding – Roger Walker
 - e. Sports Tourism, Programs and Events – Andrew Johnson and David Goodman
 - f. Facility Development – Clr White and Tony Hardman
 - g. Talent Programs – David Goodman and Elaine Caswell
6. The entry road to Ulladulla Sports Park from the end of Camden Street (i.e. the entrance to the old Ulladulla Sewerage Treatment site) to the commencement of the Car Park be named Turley Blundell Drive.
7. Council erect a sign 'Turley Blundell Drive' at the entry road to Ulladulla Sports Park.
8. Council staff continue to negotiate with individual sporting clubs at Ulladulla Sports Park regarding the naming of ovals and facilities.
9. The report of the General Manager (Corporate & Community Services) concerning the status of various sporting projects detailed in this report be received for information
10. The next meeting of the Shoalhaven Sports Board to be scheduled in March 2017. All meetings to be scheduled on Wednesdays at 5pm with one meeting to be scheduled in southern Shoalhaven.
11. Staff to report back to the Board regarding the budget implications and requirements for an annual familiarisation tour.
12. That hats and polo tops with embroidered Sports Board logo be provided to members and will be purchased with funding to be sourced from within existing budgets.

CARRIED

General Business

SB16.3 Update of the NSW Sport and Recreation Representative

Keith Wallace, NSW Sport and Recreation representative, provided an update on:

- Netball NSW Strategic plan and changes to sporting clubs constitutions regarding use of electronic format
- Strategic planning - Shoalhaven Baseball Club & South Coast Surf Lifesaving
- Swimming NSW working with Cullunghutti to provide swimming lessons
- Sport & Recreation grants are currently being assessed
- Football clubs Asia Cup Legacy Fund
- Category 3 Club grants - Ulladulla Tennis successful to the next round
- Surf lifesaving grants
- Shooting Facility Fund

RESOLVED (By consent)

That the update be received for information.

CARRIED

SB16.4 Pony Club - Sussex Inlet

Elaine Caswelll raised the issue of there being no current pony club in Sussex Inlet and discussion followed.

SB16.5 Wondalga Sporting Complex

Andrew Johnstone raised the issue of Wondalga Sporting Complex and James Harris advised that Council is no longer pursuing this as a sporting facility due to flooding implications.

There being no further business, the meeting concluded, the time being 7.10 pm.

Mr David Goodman
CHAIRPERSON

SB17.1 Council Policy - Sportsground Management (policy consolidation)

HPERM Ref: D17/36390

Group: Corporate & Community Services Group
Section: Recreation Community & Culture

Attachments:

1. Sportsgrounds Management Policy [↓](#)
2. Sporting Groups Communications [↓](#)
3. Sportsgrounds - User Group Responsibilities [↓](#)
4. Sportsgrounds - Glass Bottle Free Sportsgrounds [↓](#)
5. Sportsground Closure [↓](#)
6. Sportsground Fencing [↓](#)

Purpose / Summary

To review, consolidate and reaffirm the following current policies which have become superseded by the Sportsground Management Policy:

- Sporting Groups Communications
- Sportsgrounds – User Group Responsibilities
- Glass Bottle Free Sportsgrounds
- Sportsground Closure
- Sportsground Fencing

Recommendation (Item to be determined under delegated authority)

1. Council adopt the Sportsground Management Policy POL17/15.
2. Council rescind the following policies:
 - a. Sporting Groups Communications
 - b. Sportsgrounds – User Group Responsibilities
 - c. Glass Bottle Free Sportsgrounds
 - d. Sportsground Closure
 - e. Sportsground Fencing

Options

1. Adopt the recommendation.

Implications: This will allow consolidation of current sportsground management policies into one policy document.

2. Amend the recommendation.

Implications: any significant change to the policy(s) should consider consultation and input from the wider community and/or alternatively may have a resourcing implication.

3. Rescind the policy.

Implications: Not recommended as this will result in a loss of provisions and controls for sportsground management.

Background

Council currently has a number of separate policies that guide the management of its sportsgrounds. To provide ease of access and understanding of these policies, it is recommended that all related “sportsground management” policies be consolidated into one document which has the capacity to be updated with future policies provisions and become one reference document.

The following summary outlines what policies/policy provisions have been included in the new “Sportsground Management” policy (see Attachment 1).

Sporting Groups Communications Policy

This policy was endorsed by initially Council in July 2005 to facilitate community between the Sports Board and sporting community. The policy complements the Shoalhaven Sports Board Terms Of Reference (POL16/108).

All provisions of this policy have been included in the new “Sportsground Management” policy and relevant Council staff contact details have been updated and the reference to the “Your City – Your Sport” newsletter has been removed as it has not been circulated by Council for many years.

Sportsgrounds – User Group Responsibilities Policy

This policy was initially endorsed by Council in May 1985 and has been successful in defining responsibilities for sportsground users. The majority of policy provisions have been transferred over to Sportsground Management policy. One change is the reference to “Sportsground charges are applied as per Council’s adopted Fees and Charges” which replaces the reference to from “Sportsground fees shall not be charged for Shoalhaven based competition matches or training” as the Fees & Charges document articulates Council’s adopted requirements. The other change is the reference to Policy for Fee Waivers has been removed as it not relevant in the context of sportsground user responsibilities.

Glass Bottle Free Sportsgrounds Policy

This policy was initially endorsed by Council in December 2004 and has been very successful in recognising the hazards of providing glass bottles and glass containers at Council managed sportsgrounds and the potential public liability litigation in the event of a severe laceration to a sportsground user. These policy provisions have been transferred into to the Sportsground Management Policy.

Sportsground Closure Policy

This policy was initially endorsed by Council in December 2004 and has worked well with in partnership with our sporting community. These policy provisions have been transferred into the Sportsground Management Policy.

Sportsground Fencing Policy

This policy was initially endorsed by Council in November 2005 and it has guided resourcing of perimeter fencing of sportsgrounds where the intent is to charge a gate entry. These policy provisions have been transferred over to the Sportsground Management Policy.

Community Engagement

The review and consolidation of the above policies into one document is considered a minor policy change that does not warrant community engagement. Community engagement is recommended only if the policy is significantly considered for amendment by the elected Council.

Policy Implications

Reaffirmation and consolidation of relevant sportsground policies into one document and recession of redundant relevant policies

Financial Implications

No financial implications result from reaffirming the policy.



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Sportsgrounds Management Policy

Policy Number: POL17/15 • **Adopted:** [\[Click here to enter date\]](#) • **Minute Number:** [\[Click here to enter Minute number\]](#) • **File:** 5270E • **Produced By:** Corporate & Community Services Group • **Review Date:** Monday, 9 March 2020

1. PURPOSE

To provide policy guidance for the management of Council's sportsgrounds network.

2. STATEMENT

In the context of this policy a sportsground is public open space which council maintains for active recreation use (i.e. organised sports). A sportsground is not a natural area, park, beach streetscape etc.

3. PROVISIONS

31. Sporting Group Communications

- Council will receive sports planning, policy and funding recommendations from Shoalhaven Sports Board.
- Shoalhaven Sports Board will receive planning, policy and funding recommendations from the one Sporting Association/Peak Body based in the Shoalhaven. Where a Shoalhaven sports club has no Sporting Association/Peak Body based in the Shoalhaven, the Board will accept recommendations from the appropriate representative body for that sport.
- Sporting Associations/Peak Bodies are requested to assess sporting club planning, policy and funding requests prior to forwarding their recommendation to Shoalhaven Sports Board. These Associations/Peak Bodies are encouraged to formally meet at least once a year with relevant Council Officers to discuss current issues and development of their sport. Depending on the outcome of this meeting, Sporting Associations/Peak Bodies may be invited to present a report to Shoalhaven Sports Board.
- Sporting Clubs are requested to forward planning, policy and funding requests to their Sporting Association/Peak Body. Where a Shoalhaven sports club has no Sporting Association/Peak Body based in the Shoalhaven, the Board will consider recommendations from the appropriate representative body for that sport.
- Sporting Individuals are requested to forward planning, policy and funding requests to their Sporting Club or Association/Peak Body.

Shoalhaven City Council – Title

- Risk management issues associated with any sport played in or on a Council managed facility should be communicated immediately to Council.
- Sporting Clubs are requested to forward and confirm ground allocation requirements with Council before use of a ground.
- General planning, policy, legislation, funding and specific Shoalhaven based sporting information will be communicated to Associations/Peak Bodies, Sporting Clubs and sporting individuals via the Shoalhaven Sports Board. However, in some circumstances this may involve written correspondence to relevant Associations/Peak Bodies, Sporting Clubs and sporting individuals.

3.2 User Group Responsibilities

- Sportsground charges are applied as per Council's adopted Fees and Charges.
- User groups shall pay full costs associated with the lighting of sportsgrounds for the duration of their allocated use.
- User groups shall meet the cost of line marking (including the line marker/materials).
- User groups shall be responsible for the supply and maintenance of goal posts and seasonal removal and replacement where required. All posts must conform to Council requirements and meet appropriate guidelines and standards for each sporting code.
- User groups shall be responsible for the maintenance and preparation of turf wickets.
- User groups are responsible for cleaning amenity facilities (i.e. change rooms & canteen) after each use.
- Where a sportsground has a clubroom, the user group(s) is responsible for the cost associated with the maintenance of the interior of the building (i.e. cleaning, maintenance, utility accounts, general building improvements).

3.3 Glass Bottle Free Sportsgrounds

- Council prohibits the supply and sale of drinks in glass bottles or glass containers on Council managed sportsgrounds.

3.4 Sportsground Closures

- During or following wet weather, a club/user group, which has been given a specific ground allocation, is responsible for determining the suitability of a sportsground for play/training and to advise its members/participants of a sportsground closure.
- During or following wet weather Council will determine whether a sportsground should be declared closed for a casual booking.
- During prolonged and/or extreme weather, (i.e. drought or flood) Council will determine whether sportsgrounds are suitable for use and advise clubs/user groups if sportsgrounds are not available for use.
- During or following hot weather conditions a club/user group, which has been given a specific ground allocation, is responsible for determining if the ground and weather conditions are safe for play/training and advise its members/participants of a sportsground closure.
- Where a ground is controlled by a Management Committee, the Committee may determine the suitability of the ground for play.

Shoalhaven City Council - Title

- Where a club/user group has determined a ground to be fit for play and excessive damage is caused to the ground. The club will be responsible for reasonable costs for repair of the ground. The Social and Infrastructure Planning staff will determine if the damage is excessive.

3.5 Sportsground Perimeter Fencing

- One fenced 'feature' sportsground be provided in each of the Northern, Central and Southern areas of the City by Council where an entry fee can be collected and the accessible by all legitimate hirers is not affected.
- Perimeter fencing of other sportsgrounds may be permitted in consultation with Council and where public access to the facility is not significantly affected and the fencing is provided by the Club.
- "Feature" grounds must be readily accessible by all legitimate hirers.
- Showgrounds are excluded from this policy as perimeter fencing is need to facilitate event usage.

4. IMPLEMENTATION

The Corporate & Community Services Group will administer this policy

5. REVIEW

To be reviewed within one year of the election of a new Council.

6. APPLICATION OF ESD PRINCIPLES

Natural Capital – Encourage the use of recycled materials and low energy alternatives in sportsground facility improvements. Examples are the use of REMS water, recyclable plastics and solar heating/lighting.

Social Integrity – Encourage community involvement in undertaking sportsground improvements

Ecological Integrity – Deter litter around and on sportsgrounds.



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For more information contact the Strategic Planning Group

SPORTING GROUPS COMMUNICATIONS

Policy Number: POL08/377 • **Adopted:** 26/7/2005 • **Reaffirmed:** 23/04/2013 • **Minute Number:** MIN05.930,
MIN13.378 • **File:** 12623-04 • **Produced By:** Strategic Planning Group • **Review Date:** 1/12/2016

1. PURPOSE

To define the communication process between Council and the sporting community.

2. STATEMENT

The following policy was endorsed by the Shoalhaven Sports Board at its meeting of 8 June 2005.

3. PROVISIONS

Shoalhaven City Council's Sporting Groups Communications Policy is based on the following provisions:

- 3.1. Council will receive sports planning, policy and funding recommendations from Shoalhaven Sports Board.
- 3.2. Shoalhaven Sports Board will receive planning, policy and funding recommendations from the one Sporting Association/Peak Body based in the Shoalhaven. Where a Shoalhaven sports club has no Sporting Association/Peak Body based in the Shoalhaven, the Board will accept recommendations from the appropriate representative body for that sport.
- 3.3. Sporting Associations/Peak Bodies are requested to assess sporting club planning, policy and funding requests prior to forwarding their recommendation to Shoalhaven Sports Board. These Associations/Peak Bodies are encouraged to formally meet at least once a year with relevant Council Officers to discuss current issues and development of their sport. Depending on the outcome of this meeting, Sporting Associations/Peak Bodies may be invited to present a report to Shoalhaven Sports Board.
- 3.4. Sporting Clubs are requested to forward planning, policy and funding requests to their Sporting Association/Peak Body. Where a Shoalhaven sports club has no Sporting Association/Peak Body based in the Shoalhaven, the Board will accept recommendations from the appropriate representative body for that sport.
- 3.5. Sporting Individuals are requested to forward planning, policy and funding requests to their Sporting Club or Association/Peak Body.

Shoalhaven City Council - Sporting Groups Communications

- 3.6. Risk management issues associated with any sport played in or on a Council managed facility should be communicated immediately to Council.
- 3.7. Sporting Clubs are requested to forward and confirm ground allocation requirements with Council's Sports Field Officer.
- 3.8. General planning, policy, legislation, funding and specific Shoalhaven based sporting information will be communicated to Associations/Peak Bodies, Sporting Clubs and sporting individuals via the Shoalhaven Sports Board's newsletter "Your City – Your Sport. However, in some circumstances this may involve written correspondence to relevant Associations/Peak Bodies, Sporting Clubs and sporting individuals.

4. IMPLEMENTATION

The Strategic Planning Group will administer this policy.

5. REVIEW

To be reviewed within one year of the election of a new Council.

6. APPLICATION OF ESD PRINCIPLES

Not applicable.



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SPORTSGROUNDS - USER GROUP RESPONSIBILITIES

Policy Number: POL15/81 • **Adopted:** 7/05/1985 • **Amended:** 21/12/2004, 27/01/2009, 24/11/2015 •
Reaffirmed: 21/05/2013 • **Minute Number:** MIN85.1280, MIN04.1591, MIN09.103, MIN13.533, MIN15.721 •
File: 6320E, 4538E • **Produced By:** Corporate & Community Services Group • **Review Date:** 1/12/2016

1. PURPOSE

To define Council's Sportsgrounds user group responsibilities.

2. STATEMENT

This policy statement is based on Council Minute 85.1280 of 7th May 1985. Council reaffirmed the policy (with amendments) in its revised format on 21st December 2004 by Minute 04.1591.

3. PROVISIONS

- 3.1. Sportsground fees shall not be charged for Shoalhaven based competition matches or training.
- 3.2. User groups shall pay full costs associated with the lighting of sportsgrounds for the duration of their allocated use.
- 3.3. User groups shall meet the cost of line marking (including the line marker/materials).
- 3.4. User groups shall be responsible for the supply and maintenance of goal posts and seasonal removal and replacement where required. All posts must conform to Council requirements and meet appropriate guidelines and standards for each sporting code.
- 3.5. User groups shall be responsible for the maintenance and preparation of turf wickets.
- 3.6. User groups are responsible for cleaning amenity facilities (i.e. change rooms & canteen) after each use.
- 3.7. Where a sportsground has a clubroom, the user group(s) is responsible for the cost associated with the maintenance of the interior of the building (i.e. cleaning, maintenance, utility accounts, general building improvements).
- 3.8. The Policy for Fee Waivers, Subsidies and Support should be referenced before any waivers, subsidies or fee support are granted for sportsgrounds.

4. IMPLEMENTATION

The responsibility for the implementation and review of this policy shall be with the Director of Corporate and Community Services.

5. REVIEW

Shoalhaven City Council - Sportsgrounds User Group Responsibilities

The Corporate and Community Services Group will review this policy:

- Within 12 months of the date of the election of every new Council
- Every four years, or
- As directed by Council, or
- As a result of a review in legislation that affects this policy

6. APPLICATION OF ESD PRINCIPLES

Natural Capital – Encourage the use of recycled materials and low energy alternatives in sportsground facility improvements. Examples are the use of REMS water, recyclable plastics and solar heating/lighting.

Social Integrity – Encourage community involvement in undertaking sportsground improvements.



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GLASS BOTTLE FREE SPORTSGROUNDS

Policy Number: POL12/180 • **Adopted:** 21/12/2004 • **Amended:** 28/04/2009 • **Reaffirmed:** 21/05/2013 • **Minute Number:** MIN04.1693, MIN09.509, MIN13.533 • **File:** 6320E • **Produced By:** City Services & Operations Group • **Review Date:** 1/12/2016

1. PURPOSE

To deter the use of glass bottles and glass containers around Council managed sportsgrounds.

2. STATEMENT

The Policy recognises the hazards of providing glass bottles and glass containers at Council managed sportsgrounds and the potential public liability litigation in the event of a severe laceration to a sportsground user.

3. PROVISIONS

- 3.1. Council prohibits the supply and sale of drinks in glass bottles or glass containers on Council managed sportsgrounds.

4. IMPLEMENTATION

The City Services & Operations Group will administer this policy.

5. REVIEW

To be reviewed within one year of the election of a new Council.

6. APPLICATION OF ESD PRINCIPLES

Ecological Integrity – Deter litter around and on sportsgrounds.



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SPORTSGROUND CLOSURE

Policy Number: POL12/187 • **Adopted:** 21/12/2004 • **Amended:** 28/04/2009 • **Reaffirmed:** 21/05/2013 • **Minute Number:** MIN04.1694, MIN09.509, MIN13.533 • **File:** 6320E • **Produced By:** City Services & Operations Group • **Review Date:** 1/12/2016

1. PURPOSE

To define the process for a Council sportsground closure.

2. STATEMENT

Council manages a diverse array of sportsgrounds which accommodate a variety of sports with varying soil types and playing requirements. Due to this diversity, a 'Sportsground Closure' policy is required to determine who is responsible for determining the suitability of a sportsground for play/training.

3. PROVISIONS

- 3.1. During or following wet weather, a club/user group, which has been given a specific ground allocation, is responsible for determining the suitability of a sportsground for play/training and to advise its members/participants of a sportsground closure.
- 3.2. During or following wet weather Council will determine whether a sportsground should be declared closed for a casual booking.
- 3.3. During prolonged and/or extreme weather, (i.e. drought or flood) Council will determine whether sportsgrounds are suitable for use and advise clubs/user groups if sportsgrounds are not available for use.
- 3.4. During or following hot weather conditions a club/user group, which has been given a specific ground allocation, is responsible for determining if the ground and weather conditions are safe for play/training and advise its members/participants of a sportsground closure.
- 3.5. Where a ground is controlled by a Management Committee, the Committee may determine the suitability of the ground for play.
- 3.6. Where a club/user group has determined a ground to be fit for play and excessive damage is caused to the ground. The club will be responsible for reasonable costs for repair of the ground. The Parks Operations Manager will determine if the damage is excessive.

Shoalhaven City Council – Sportsground Closure

4. IMPLEMENTATION

The City Services & Operations Group will administer this policy.

5. REVIEW

To be reviewed within one year of the election of a new Council.

6. APPLICATION OF ESD PRINCIPLES

Application of the policy will result in energy and labour savings arising from repairing damage to playing surfaces which would occur if the policy were not applied.



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Email: council@shoalhaven.nsw.gov.au

Website: www.shoalhaven.nsw.gov.au

For more information contact the City Services & Operations Group

SPORTSGROUND FENCING

Policy Number: POL12/222 • **Adopted:** 2/11/2005 • **Amended:** 28/04/2009, 21/05/2013 • **Minute Number:** MIN05.1401, MIN09.509, MIN13.533 • **File:** 5270E • **Produced By:** City Services & Operations • **Review Date:** 1/12/2016

1. PURPOSE

To define the parameters under which a sportsground may be fenced.

2. STATEMENT

This policy was recommended by the Shoalhaven Sports Board at its meeting of Wednesday, 21st September 2005.

3. PROVISIONS

- 3.1. One fenced 'feature' sportsground be provided in each of the Northern, Central and Southern areas of the City by Council where an entry fee can be collected.
- 3.2. Perimeter fencing of other sportsgrounds may be permitted in consultation with Council and where public access to the facility is not significantly affected and the fencing is provided by the Club. .
- 3.3. "Feature" grounds must be readily accessible by all legitimate hirers.
- 3.4. Showgrounds be excluded from this policy.

4. IMPLEMENTATION

The City Services & Operations Group will administer this policy.

5. REVIEW

To be reviewed within one year of the election of a new Council.

6. APPLICATION OF ESD PRINCIPLES

Not Applicable.

SB17.2 Shoalhaven Sports Board - Portfolio Update

HPERM Ref: D17/42965

Group: Corporate & Community Services Group
Section: Recreation Community & Culture

Purpose / Summary

To commence defining and determining resources for priority outcomes for each Sports Board Community Member portfolios, consistent with the Sports Board Terms Of Reference, with the guidance and support of an appropriate member of staff.

Recommendation (Item to be determined under delegated authority)

That Council endorse the following Sports Board Community Member portfolio main priorities for the 2017 calendar year:

Sporting governance - <insert priorities>

Communication and Marketing - <insert priorities>

Grass Roots Club Development - <insert priorities>

Grants and Funding - <insert priorities>

Sports Tourism, Programs and Events - <insert priorities>

Facility Development - <insert priorities>

Talent Programs - <insert priorities>

Options

1. Adopt the recommendation and work towards resourcing priorities outcomes for each Sports Board Community Member portfolio.

Implications: This will enable staff to assist Sports Board Community Members to develop and implement their selected portfolio.

2. Not adopt the recommendation and provide an alternative resolution with direction to staff how to develop and implement the selected portfolio for each Sports Board Community Member portfolio.

Implications: This may require an amendment to the Sports Board Terms Of Reference which Council recently adopted.

Background

As determined at the Shoalhaven Sports Board meeting of 14 December 2016, Community Members accepted the following portfolios:

Sporting governance - Lisa Kennedy (TBC)

Communication and Marketing – Phil Newlyn and Elizabeth Tooley

Grass Roots Club Development – Elaine Caswell

Grants and Funding – Roger Walker

Sports Tourism, Programs and Events – Andrew Johnson and David Goodman

Facility Development – Cllr White and Tony Hardman

Talent Programs – David Goodman and Elaine Caswell

To commence implementing the above Community Member portfolios, it is recommended that the main priorities for the 2017 calendar year be determined at this meeting. Through this process, priorities for subsequent calendar years could also be determined.

As discussed at the previous Sports Board meeting, dependent on the priority a Council staff member will be able to assist and liaise with the relevant Sports Board Community Member.

Community Engagement

Dependent on the selection of main priorities for each portfolio, this may require community engagement.

Policy Implications

As this time, no policy implications have been identified however implications may result as part of actioning a specific portfolio priority.

Financial Implications

As this time, no financial implications have been identified however implications may result as part of actioning a specific portfolio priority.

SB17.3 Shoalhaven Sports Board Strategic Planning

HPERM Ref: D17/43013

Group: Corporate & Community Services Group
Section: Recreation Community & Culture

Purpose / Summary

To commence defining the strategic planning priorities for Shoalhaven sport facility development as identified in the Community Infrastructure Strategic Plan.

Recommendation

That Council endorse the following strategic planning priorities for Shoalhaven sport facility development in the 2017 calendar year:

1. <insert priorities>

Options

1. Adopt the recommendation and define strategic planning priorities for Shoalhaven sport facility development in the 2017 calendar year.

Implications: This will enable staff and the Sports Board Community to work together to achieve strategic planning priorities for Shoalhaven sport facility development.

2. Not adopt the recommendation and provide an alternative resolution with direction to staff how to work towards achieving strategic planning priorities for Shoalhaven sport facility development.

Implications: This may or may not meet strategic directions of Council and needs of the community.

Background

As outlined in the presentation to the Shoalhaven Sports Board of 14 December 2016, Council has been working for some time to complete and finalise its Community Infrastructure Strategic Plan (see <http://doc.shoalhaven.nsw.gov.au/DisplayDoc.aspx?record=D16/113374>). At this meeting, staff will work with Sports Board members to identify priority strategies from the Plan to action Shoalhaven sport facility development in the 2017 calendar year within allocated resources.

Community Engagement

Community engagement is dependent on the selection and action of strategic planning priorities for Shoalhaven sport facility development which are identified in the Community Infrastructure Strategic Plan. Therefore, community engagement may or may not be required.

SB17.4 Shoalhaven Sports Board - Current projects update

HPERM Ref: D17/43033

Group: Corporate & Community Services Group
Section: Recreation Community & Culture

Attachments: 1. Shoalhaven Heads Proposed BMX Pump Track [↓](#)

Purpose / Summary

To provide a brief project update to the Sport Board on current projects under development by Council.

Recommendation

That the report of the General Manager (Corporate & Community Services) which provides an update on current projects under development by Council be received for information

Options

1. Adopt the recommendation and Council staff continue progressing current projects under development.

Implications: This will enable staff to continue progressing projects as discussed in this report.

2. Not adopt the recommendation and provide an alternative resolution with direction for staff.

Implications: Unknown until Board identify alternatives

Background

The following is a brief project update of current projects under development

Citywide BMX track / cycling facility (File 2358E)

For some time the Shoalhaven Cycling Committee has been investigating a site to provide a facility for a variety of cycling activities (i.e. learn to ride, BMX, criterium track, etc.) and recent sites include the old North Nowra Tip and Berry District Park. Unfortunately these sites have not identified viable options for a cycling facility.

In addition to the above, the Shoalhaven Heads Community Forum are undertaking investigations to construct a significant BMX track facility in Jerry Bailey Oval, Shoalhaven Heads which will be explained further at this meeting. Council has also been approached by Nowra Velo Club to provide a criterium track for citywide cycling needs.

Recognising the need to coordinate and examine the synergies of providing a consolidated location for future cycling needs for the Shoalhaven, Council staff facilitated a meeting with these groups on 28 February 2017 in Council's Committee Rooms. A verbal report of the outcome of this meeting will be presented at this meeting.

Shoalhaven Indoor Sporting Centre (File 30436E)

Works scheduled to commence construction of this Centre in mid-2017 and staff are liaising with relevant sports to identify their building fit out requirements. Additional information on this project will be provided at this meeting.

Bomaderry Nowra Regional Sporting & Community Hub Master Plan (File 52005E)

The master plan was endorsed by Council at its meeting of 14 December 2016 and a subsequent recession motion was defeated at the Council meeting of 31 January 2017. The next main steps in this project involve:

- Council consider allocation of \$100,000 in the 2017/18 budget to undertake further studies to progress towards detailed design including traffic studies.
- Council allocate funds in the 2017/18 and 2018/19 budgets for the construction of a four (4) court croquet facility in the Bomaderry Nowra Regional Sports & Community Precinct in the location indicated in the report.
- Relocation of the Nowra Croquet Club align with the overall construction program for the Shoalhaven Indoor Sports Centre.
- Council receive a report in the first quarter of 2018 outlining more details on staging, costings and possible funding sources.
- Council seek grant funding to develop Bomaderry Nowra Regional Sports & Community Precinct after detailed design has been undertaken.
- Council continue to work with the various sport and user groups to seek possible partnership funding for relevant aspects of the precinct.

Draft Bay & Basin Community Hub Master Plan (File 52153E)

The draft Bay & Basin Community Hub Master Plan (see <http://shoalhaven.nsw.gov.au/Bay-and-Basin-Community-Hub-Masterplan>) was endorsed by Council for public exhibition on 21 February. Comments and feedback related to the draft Plan will be invited during the upcoming public exhibition period.

The Board are encouraged to consider making a submission.

Shoalhaven Equestrian Centre of Excellence (File 48794E)

Stage 1 of the construction of an equestrian facility provided on a 'like to like' basis is in progression the new site replacing the former facility where the land was acquired to facilitate the Berry Highway Bypass. Estimated completion of this works is Easter 2017.

South Nowra Soccer Fields Replacement Amenities Building (File 38429E)

Council at its meeting of 31 January 2017 voted an additional \$500,000 to complete the replacement amenities building which is budgeted to cost \$1.1million and includes a \$200,000 contribution towards the project from the Shoalhaven District Football Association. It is estimated that the replacement building will be completed in August 2017.

Frogs Holla Sporting Complex - Wastewater Upgrade (File 2525E)

Investigations continue to provide cost effective method to pipe sewer from the Complex to the mains sewer system. Estimates to bore rock to the gain access to the sewer system are currently making the project prohibited unless more funding is allocated to the project.

Options for the Ulladulla Future Park Site (adjacent to Ulladulla Sports Park) (File 1783E)

Council has received a confidential briefing regarding options for this site which includes the possibility of expanding Ulladulla Sports Park onto the site. In the near future, it is hoped that Council will consider a public report on this matter and further information will be provided to the Sports Board at that time.

Fees & Charges review (File 52027E)

Consultants LKS Quaero are continuing to work closely with Council staff to complete this project. A draft document is anticipated to be presented to Council in the upcoming months.

Draft Community Infrastructure Strategic Plan (File 35382E)

Council at its Assets & Strategy Committee on 21 February 2017 considered a report to endorse the Community Infrastructure Strategic Plan after a detailed workshop has been held for Councillors in early February 2017. Additional information on this project will be provided at this meeting.

Brief summary of other projects under development

Project	Comment
Draft Non-Motorised Watersports Master Plan – Paringa Park	Currently on public exhibition (see http://shoalhaven.nsw.gov.au/My-Council/Current-Projects)
Mollymook Beach Reserve All Inclusive Playground	On ground works anticipated to commence in the upcoming months
Culburra Skate Park	On ground works anticipated to commence in the upcoming months
Sussex Inlet Learn to ride	On ground works anticipated to commence in the upcoming months
Ulladulla Sports Park Netball Courts	On ground works anticipated to commence in the upcoming months
Plantation Point Fitness Station	On ground works anticipated to commence in the upcoming weeks

NSW Sport & Recreation update report

In addition to the above information, a representative from NSW Sport & Recreation will provide a verbal update report to the meeting. This will include an outline of a proposed Strategic Plan Workshop (to be held mid May) for all sporting organisations. The workshop will be to outline what is a strategic plan, what are the benefits, models, templates etc.

Community Engagement

As required, community engagement will be undertaken for the various projects detailed in this report.

Shoalhaven Heads Pumptrack

Concept 2017



Project:
Jerry Bailey Oval
Pumptrack
Shoalhaven Heads

Client:
Shoalhaven Heads
New South Wales
Australia

Designers:
Brett Barnes

Drawn:
Brett Barnes

Version:
Draft Concept
Version #1
Feb, 2017

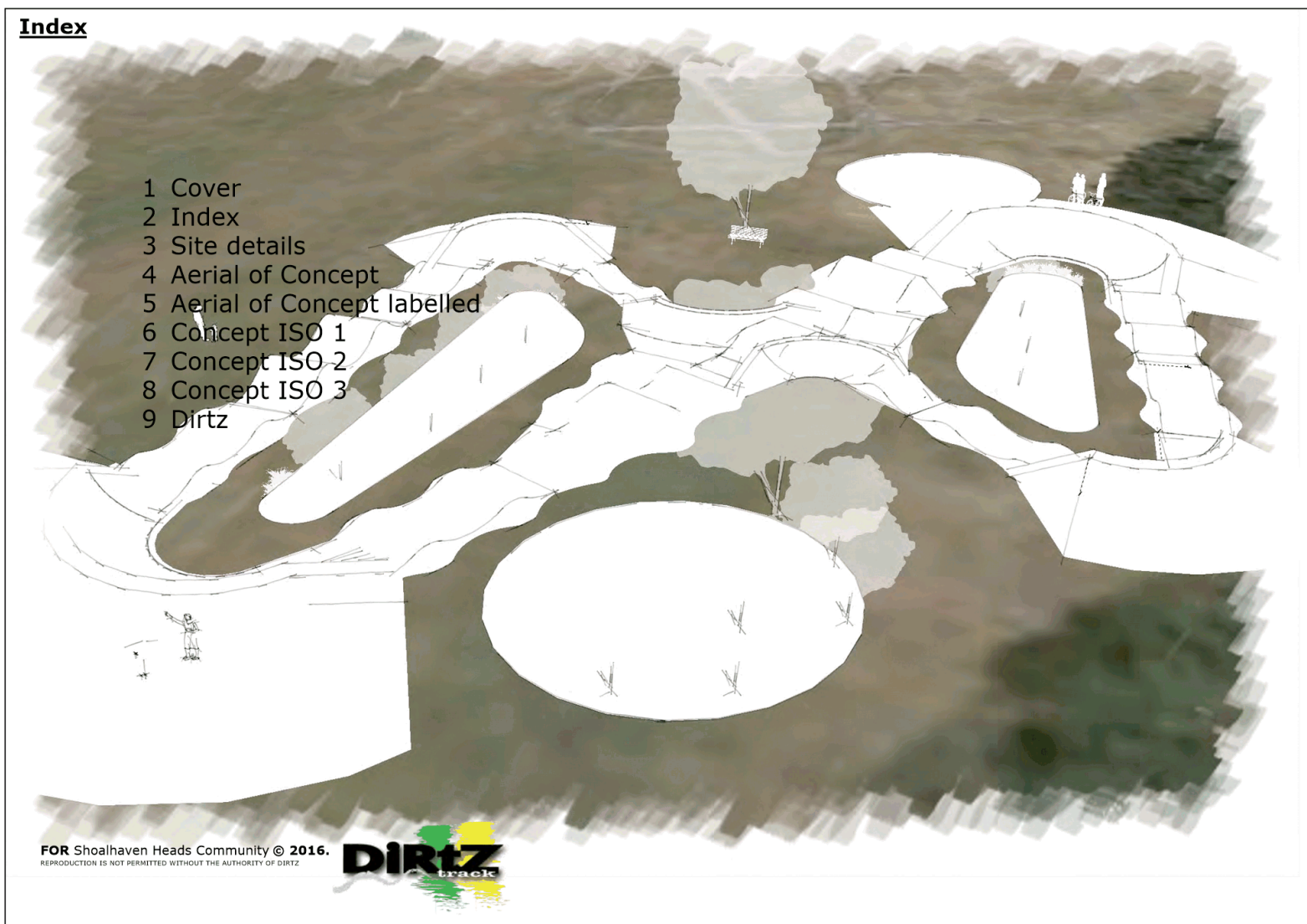
Construction:
Not for Construction





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View from east of proposed site



View from proposed site south towards pool



View from south with eastern edge of skate park in view



View from basket ball court north across learn to ride area towards proposed site

The proposed site for the Shoalhaven Heads Pumptrack is the Jerry Bailey Reserve, Shoalhaven Heads. The reserve already features a Swimming Pool, Skatepark, Basketball court and Bicycle learn to ride area. The area features good natural surveillance from the north, south and east. Vision of the proposed site from the west is obscured by natural bushland, although this area has been earmarked for possible development as a small scale Mountain Bike trail loop. Access for residents and visitors appears good and the need for additional parking to service the reserve has already been identified in a Maser Plan for the reserve.

It is the opinion of Dirts Track that the site is well suited to the inclusion of a recreational bitumen pump track, which should serve to only diversify the appeal of the reserve to an even wider age range and user group.

Notes re site

Pros

- Good natural surveillance from Staple street, Wagin Street & McIntosh Street.
- Appears good access for Civil works
- Supporting recreational facilities such as learn to ride area, skate park and swimming pool,
-

Cons:

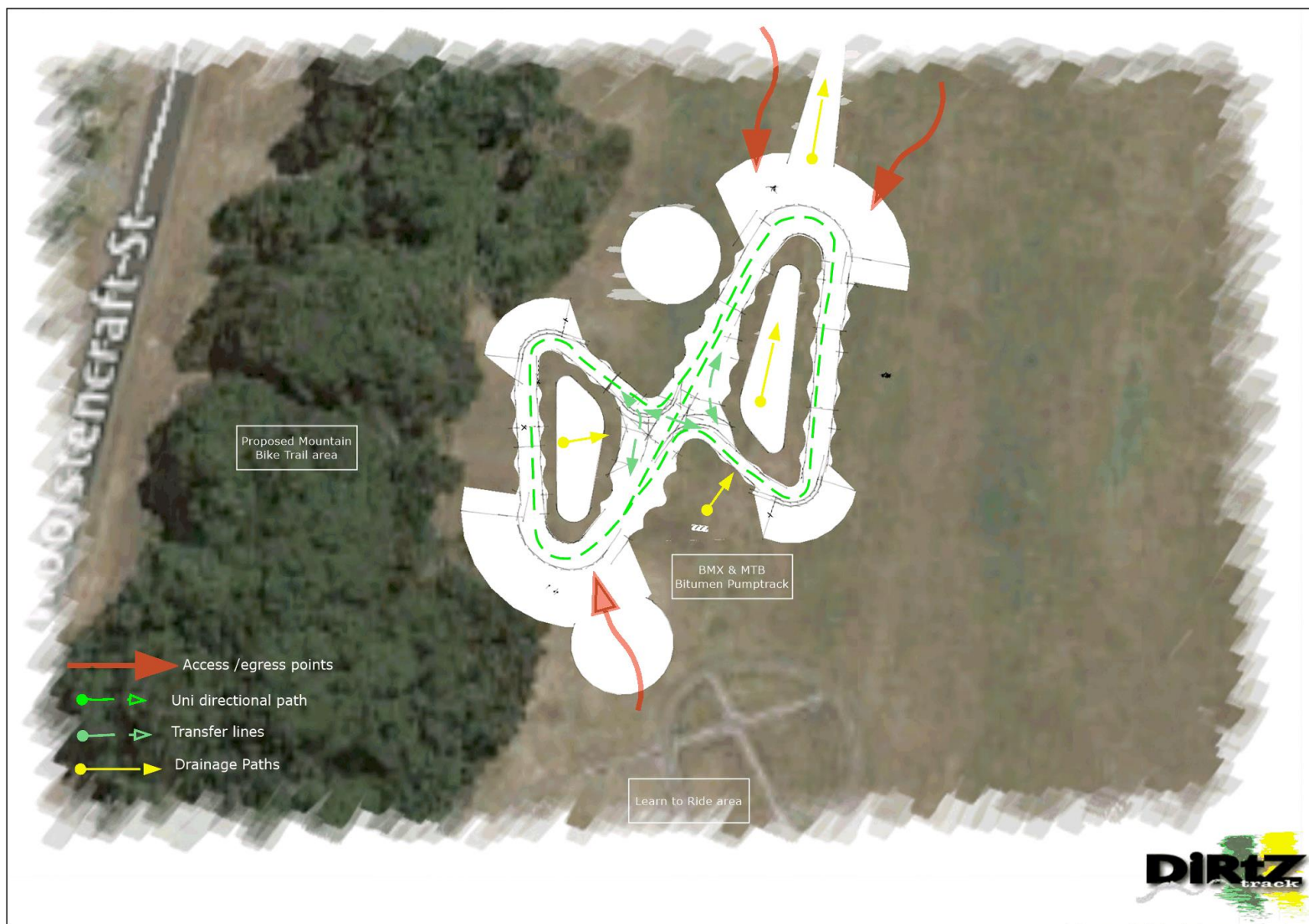
- No indication of water points for maintenance or hydration for users

Key Points for development of pumptrack

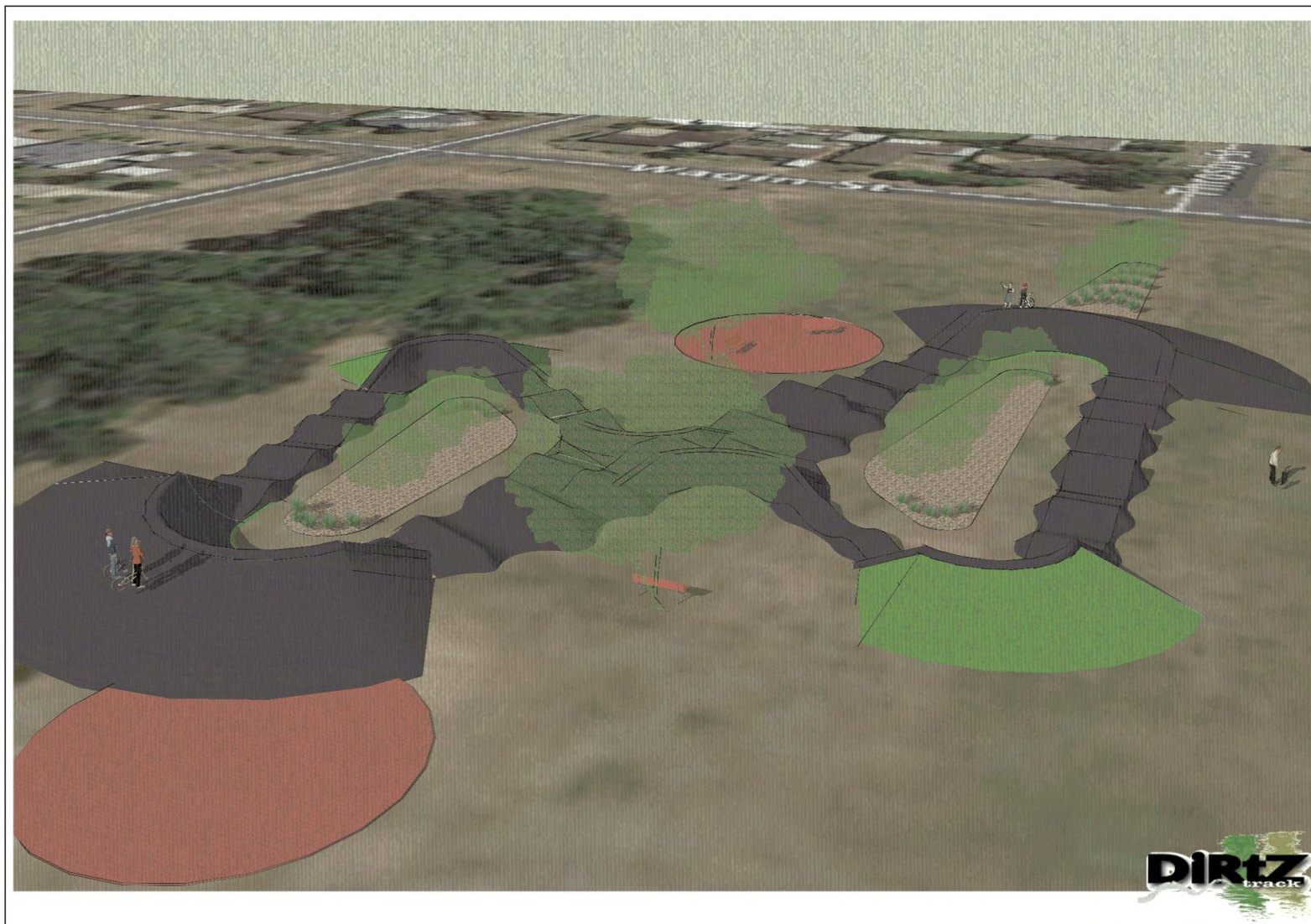
- Site appears to require minimum two access / egress points
- All tread paths to be raised minimum 200mm minimum prior to building any features
- Facility should present as an inviting neighbourhood park, especially considering its proximity to residential areas.
- Inclusion of MTB trail within adjacent bushland will further diversify appeal of park.



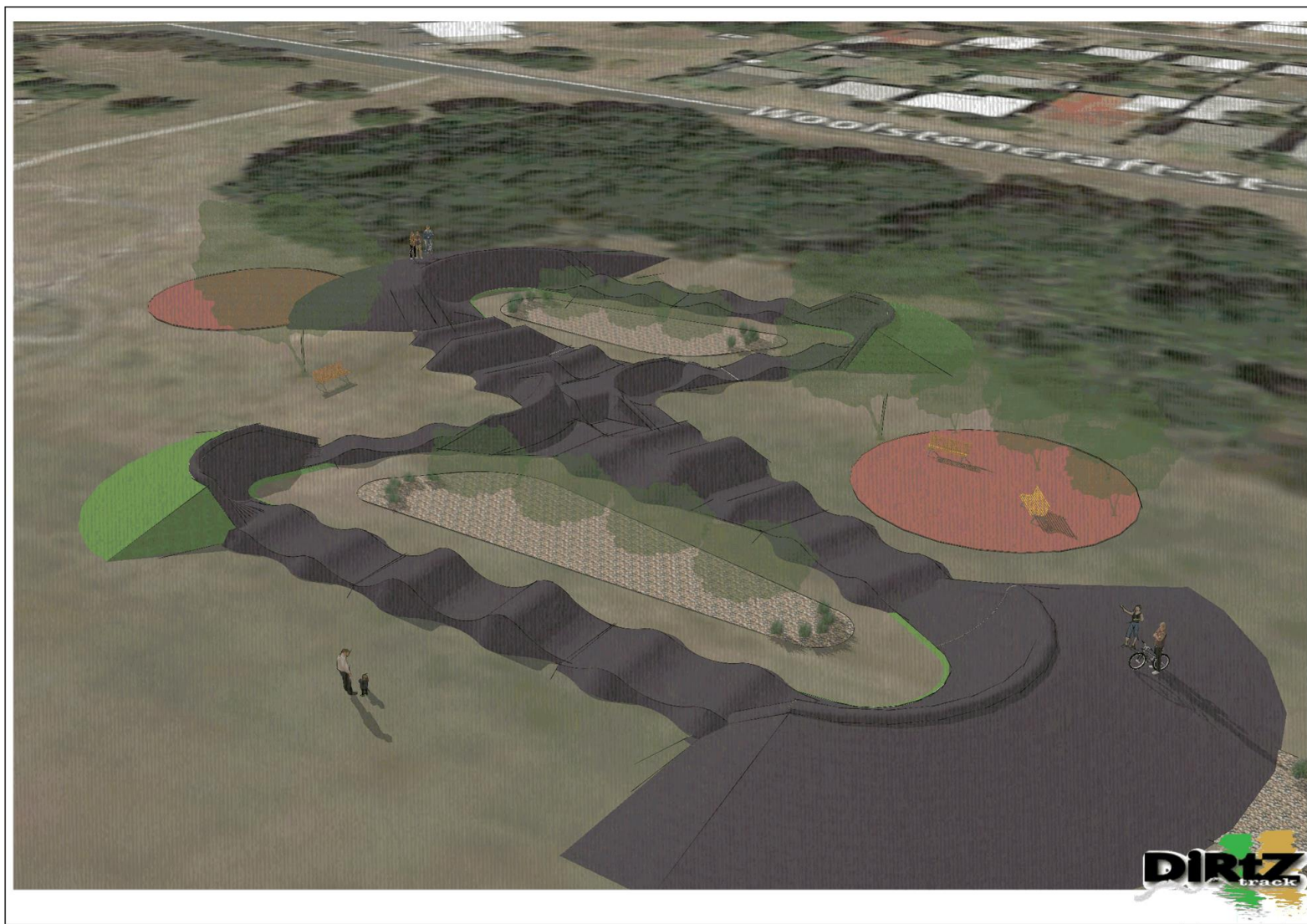
4 - Aerial of Concept - Shoalhaven Heads_Draft concept



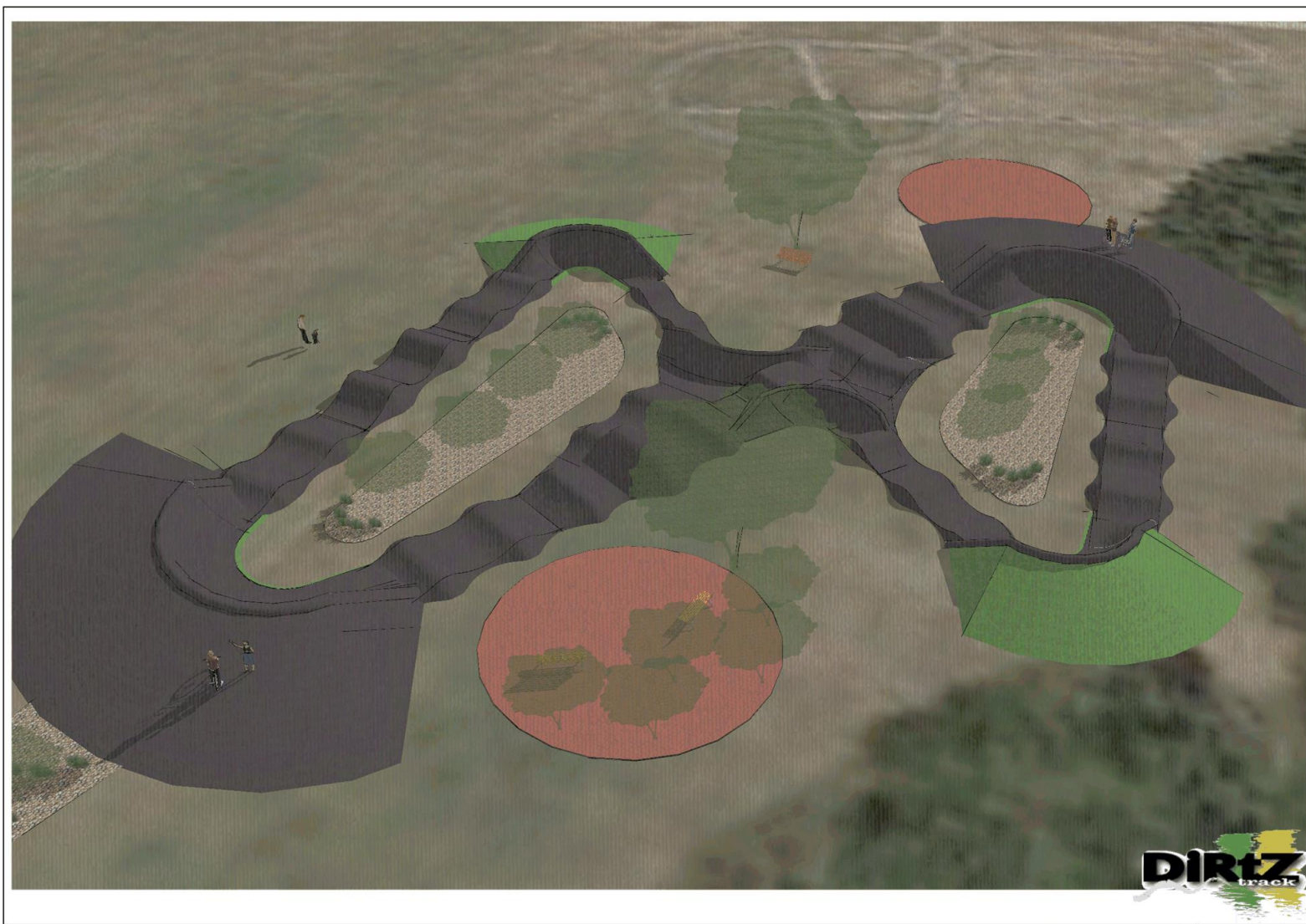
5 - Aerial of Concept, labelled - Shoalhaven Heads_Draft concept



6 - Concept Isometric view 1 - Shoalhaven Heads_Draft concept



7 - Concept Isometric view 2 - Shoalhaven Heads_Draft concept



8 - Concept Isometric view 3 - Shoalhaven Heads_Draft concept



SB17.5 Voluntary Users Contributions Policy - Readoption

HPERM Ref: D17/44090

Group: Corporate & Community Services Group
Section: Recreation Community & Culture

Attachments: 1. Voluntary User Contributions Policy [↓](#)
2. Voluntary User Contributions Policy - Proposed Changes [↓](#)

Purpose / Summary

To review and reaffirm the Voluntary User Contributions Policy (VUCP) with minor amendments as detailed in this report and to rename the policy so that it is more easily identified by the Shoalhaven sporting community.

Recommendation (Item to be determined under delegated authority)

That

1. Council change the name of the “Voluntary Users Contributions Policy” to “Sports Capital Works Partnership Program”.
2. The “Sports Capital Works Partnership Program” provide an initial first part funding for design and/or planning.
3. Applications for the “Sports Capital Works Partnership Program” only be open and available and determined by 1 July every year to encourage funds to be spent in the same financial year.
4. The “Sports Capital Works Partnership Program” require that where the total project cost is less \$5 000 one quote should be sought, and over \$5,000 at least three quotes should be obtained.
5. The “Sports Capital Works Partnership Program” reference Council’s Community Infrastructure Guidelines to assist in clarifying and promoting project partnerships arrangements with Council and other possible patners in accordance with identified priorities.
6. The “Sports Capital Works Partnership Program” project nomination form be an “attachment” document to the program/policy.
7. Council endorse minor text changes as shown in the attached “Sports Capital Works Partnership Program” which is shown as tracked changes.

Options

1. Adopt the recommendation.

Implications: This will update the policy with allow minor amendments and rename the policy so that it is more easily identified by the Shoalhaven sporting community and align with Council’s strategic direction and priorities.

2. Amend the recommendation.

Implications: Any significant change to the policy should consider consultation and input from the wider community.

3. Rescind the policy.

Implications: Not recommended as this will result in a loss of opportunity for Council to partner the sporting community to improve capital fixed assets at sporting facilities on Council managed land.

Background

Voluntary User Contributions Policy

The purpose of the VUCP is to assist Shoalhaven sporting groups to undertake new works or improvements to existing fixed assets at sporting facilities on Council managed land. It is not for maintenance activities. The whole VUCP can be viewed as Attachment 1.

Recommended changes

The following changes are recommended to be made to the VUCP and can be viewed as tracked changes in Attachment 2.

Name change

To help keep the policy relevant and easily identifiable to the Shoalhaven sporting community it is recommended that the name of the policy be change to “Sports Capital Works Partnership Program”.

Design for new works

Recognising that new capital works often needs design and/or planning and this work is often contingent on project funding, it is recommended that the “Sports Capital Works Partnership Program” provide for an option for initial first part funding of design and/or planning. This will also allow access to funds to meet approval requirements prior to capital works occurring and which often delays fully funded works to commence on time.

One application open period

It is recommended that applications for the program only be open from 1 July each year. Applications would be open for 4 weeks with evaluation and assessment undertaken in August. Following the necessary approvals for the applications, applicants would be notified and wherever possible projects would be completed prior to the end of the financial year. The current policy allows funds to be allocated to sporting groups in July and February and unfortunately most of the February works cannot be delivered in the same financial year.

Alignment with Council’s Purchasing procedure

To ensure both the sporting community and Council is receiving value for money for their relevant capital works project it is recommended that where the total project cost is less \$5,000, one (1) quote should be sought, and over \$5,000 at least (3) three quotes should be obtained.

Consistency with Council’s Community Infrastructure Guidelines

As outlined in Attachment 2, it is recommended that the program reference Council’s Community Infrastructure Guidelines to assist in clarifying project partnerships arrangements with Council and align with Council’s strategic direction.

Application form

It is recommended that the project nomination form be an attachment to the policy and not part of the policy so the form can be update with relevant information and not necessarily require the document to be re-adopted by Council.

Minor text changes

It is recommended that Council endorse minor changes as shown in the attached policy (see Attachment 2) which shows tracked changes.

Community Engagement

The inclusion of above changes and additional text is considered minor policy changes that does not warrant community engagement. Community engagement is recommended only if the policy is significantly considered for amendment by the elected Council.

Policy Implications

Reaffirmation and minor amendment of an existing policy.

Financial Implications

No financial implications result from reaffirming the existing policy.



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Email: council@shoalhaven.nsw.gov.au

Website: www.shoalhaven.nsw.gov.au

For more information contact the City Services & Operations Group

VOLUNTARY USER CONTRIBUTIONS POLICY

Policy Number: POL12/315 • **Adopted:** 27/06/2006 • **Amended:** 18/12/2007, 28/04/2009, 21/12/2009, 18/05/2010, 21/05/2013 • **Minute Number:** MIN06.778, MIN07.1842, MIN09.509, MIN09.1789, MIN10.588, MIN13.532 • **File:** 5270E • **Produced By:** City Services & Operations Group • **Review Date:** 1/12/2016

1. PURPOSE

To define Council's and the Shoalhaven sporting community's partnership framework to undertake new works or improvements to existing capital fixed assets at sporting facilities on Council managed land with Voluntary User Contributions Policy funds.

2. STATEMENT

2.1. Who does the policy apply to?

The Voluntary User Contributions Policy applies to all Shoalhaven based sports that meet the provisions of this policy and wish to undertake new works or improvements to existing fixed assets on Council managed land.

2.2. Council funding

Council funding for this policy is to be reviewed annually during the budget process.

Council's matching financial contribution is available to eligible Shoalhaven based sporting groups on the basis of \$2.00 from Council for each \$1.00 contributed by sporting organisations. Eligible projects will require endorsement from the relevant sporting association.

The policy also supports those Shoalhaven based sporting groups who wish to accumulate funds for strategic projects by carrying over Council's matching contribution to the next financial year. However, funds will only be carried over to match the amount collected by the sporting group for the nominated strategic project(s).

2.3. Capital improvements

Capital improvements to sporting facilities refer to the provision of new or improvements to existing capital fixed assets. Such improvements typically involve:

- Lighting of sports fields
- Improvements to amenity blocks
- Spectator facilities
- In-ground drainage and/or irrigation
- Improved playing surfaces

Shoalhaven City Council - Draft Voluntary User Contributions Policy

- Car park and access road sealing
- Long cycle refurbishment of tennis courts

This does not include provision of machinery.

2.4. Sports group involvement

The voluntary nature of this policy allows Shoalhaven based sporting groups to determine their level of involvement and their preferred methods of collection of funds with which to partner Council in the improvement of facilities on Council managed land. Such methods could include direct levy of participants, fundraising, sponsorship or successful grant applications. Council has not provided any guidelines to assist user groups determine sources of funds.

Council's Sports Communications Policy states that all communication will take place between relevant Sporting Associations or Peak Bodies and Council.

2.5. Criteria for prioritisation

- I. Compliance with strategic and other plans of council – 50%
- II. Value of additional in-kind labour to contribute – 15%
- III. Vucs funding received by applicant over last 4 years – 10%
- IV. Percentage of funding club is contributing – 15%
- V. The apparent "readiness" of the project to proceed – 5%
- VI. Previous project delivery history including acquittal reports – nil
- VII. Benefit to other users of the reserve – 5%

3. PROVISIONS

The following provisions apply:

- 3.1. The Voluntary User Contributions Policy applies to all sports that occur on Council managed land.
- 3.2. Council's matching financial contribution is available for Shoalhaven sporting groups on the basis of \$2.00 from Council for each \$1.00 contributed by the applicant with evidence of available funds at time of application
- 3.3. **Applications for first round funding will be invited in April each year and must be received by 30 June for the following financial year. The Applications will be considered by the Board at its first meeting after 1st July.**
- 3.4. Applications for funds remaining after the first round will close on November 1 each year. After this date, nominations for project funding will be considered by the Shoalhaven Sports Board. The Sports Board will consider the project priority from the remaining funding pool for project funding based on priority need and the ability of the project to be delivered or part delivered in the relevant financial year.
- 3.5. In-kind contributions may only be used to value-add to projects and will not substitute for the cash contribution.

Shoalhaven City Council - Draft Voluntary User Contributions Policy

- 3.6. Funds will not be carried over on a promise of raising matching funds in subsequent years and funds used to match previous Council contributions cannot be used to bid for funds in subsequent years.
- 3.7. Projects qualifying for the Voluntary User Contributions Policy will be subject to a financial limit of \$50,000 in matching funds.
- 3.8. Where there is more than one application from a sporting code, the Association must indicate its priority. Associations should provide equal access for all clubs to Council's financial allocation. Where no Association / Peak Body exists, Council will liaise directly with the sporting club.
- 3.9. Council's funding commitment to the Voluntary Users Contribution Policy be reviewed annually as part of Council's annual Management Plan.
- 3.10. Contributory funds may be held by the Sporting Association / Peak Body (or affiliated Club) or Council depending on project management arrangements.
- 3.11. All projects shall be overseen by a qualified / licensed operator approved by Council. This will require the qualified / licensed operator providing Council with relevant Occupational Health & Safety information and Safe Work Method Statements. Council has limited capacity to assist in project delivery and this may require the funds to recover relevant staffing costs. If Council is required to provide this service, it reserves the right to recoup its expenditure from the project allocation.
- 3.12. The Board will recommend to Council the allocation of any unexpended funds for improvements to sports facilities.
- 3.13. This policy does not apply to Management Committees, other than Committees administering tennis courts or sports with lease agreements with payments contributing to a capital improvement 'sinking' funds or swimming clubs, Surf Life Saving Clubs and skate park users that are funded from a separate annual capital works budget allocation.
- 3.14. Where a project has not commenced in the financial year following the year following the year of allocation, the funding may be withdrawn and re-located. The sports group will be advised prior to the withdrawal of funding.

4. IMPLEMENTATION

The City Services & Operations Group will administer this policy.

5. REVIEW

To be reviewed annually.



6. APPLICATION OF ESD PRINCIPLES

Natural Capital – Encourage the use of recycled materials at sporting facilities i.e. use of recyclable plastics in park furniture.

Ecological Integrity – Encourage the selection of vegetation around sporting facilities that will require low application of fertilisers, herbicides and pesticides.

Social Integrity – Encourage community involvement through the development of sporting facilities.

Shoalhaven City Council - Draft Voluntary User Contributions Policy

 <u>File Reference 24899</u>	Voluntary User Contributions Policy Project Nomination Form Annual closing date is 1 st July	 <u>Ref No.</u>
--	---	---

PART A: To be completed by the Club(s) nominating the project (please print)

Project name: _____

Project description: _____

Name of reserve / location: _____

Is the land managed by Shoalhaven City Council? Yes / No

Name of Club: _____

Postal address: _____

Contact person: _____

Position held: _____

Business phone: _____ Mobile: _____

Fax: _____ Email: _____

Does your club have an ABN? Yes / No If yes please supply No.: _____

Is your club registered for GST? Yes / No If yes please supply No.: _____

Does your Club have a Business Plan? If yes, please provide a copy.

Club user profile. Please provide a breakdown of your current Club membership:

Child (0-11yrs) Male _____ Female _____ Adults (18-49yrs) Male _____ Female _____
 Youth (12-17yrs) Male _____ Female _____ Seniors (50+yrs) Male _____ Female _____

Proposed project starting date: _____ Anticipated project completion date: _____

Has a Development Application (where applicable) been approved? Yes / No If no, please explain: _____

Has a Construction Certificate been approved? Yes / No If no, please explain: _____

Does the project have the support of other ground users? Yes / No If yes, please provide a list of users below? Please provide and attach letters of support?

Project cost breakdown (Please attach copies of all quotes)

Project funding breakdown (Please provide copies of all supporting details)

Signature of contact person: _____ Date: _____

The information requested by Council on this form may constitute personal information under the Privacy and Personal Information Protection Act 1998. Council is allowed to collect the information from you to consider this matter. Supplying this information is voluntary. However if you cannot or do not wish to provide the information, we may not be able to consider the matter. If you need further details, please contact the Public Information Officer, Shoalhaven City Council.

Shoalhaven City Council - Draft Voluntary User Contributions Policy

PART B – To be completed by the relevant Association/Peak Body (please print)

Name of organisation: _____

Postal address: _____

Contact person: _____

Position held: _____

Business phone: _____ Mobile: _____

Fax: _____ Email: _____

Does the submitting group have a formal organisational structure (ie President, Secretary etc)?
Yes / No

Does the proposed project meet the high priority needs of the sport. Yes / No If yes, please provide details how?

Recommendation – If more than one application is submitted by your organisation a priority should be given to this project relative to other projects

Signature of contact person: _____ **Date:** _____

The information requested by Council on this form may constitute personal information under the Privacy and Personal Information Protection Act 1998. Council is allowed to collect the information from you to consider this matter. Supplying this information is voluntary. However if you cannot or do not wish to provide the information, we may not be able to consider the matter. If you need further details, please contact the Public Information Officer, Shoalhaven City Council.

*Shoalhaven City Council - Draft Voluntary User Contributions Policy***Please send completed nomination forms to:**

The General Manager
Shoalhaven City Council
PO Box 42
Nowra NSW 2541

File Reference 24899

Further Information:

Please call Council's Recreation & Leisure Section on 4429 3371



City Administrative Centre
Bridge Road (PO Box 42), Nowra NSW Australia 2541 - DX 5323 Nowra
Phone: (02) 4429 3111 - Fax: (02) 4422 1816
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For more information contact the City Services & Operations Group

VOLUNTARY USER CONTRIBUTIONS POLICY SPORTS CAPITAL WORKS PARTNERSHIP PROGRAM

Policy Number: POL12/315 • **Adopted:** 27/06/2006 • **Amended:** 18/12/2007, 28/04/2009, 21/12/2009, 18/05/2010, 21/05/2013 • **Minute Number:** MIN06 778, MIN07 1842, MIN09 509, MIN09 1789, MIN10 588, MIN13 532 • **File:** 5270E • **Produced By:** City Services & Operations Group • **Review Date:** 1/12/2016

1. PURPOSE

To define ~~the Council's and the Shoalhaven sporting community's partnership funding~~ framework ~~for sports groups to partner Council to deliver capital works projects / improvements~~ Sport Partnership grants. ~~The funding framework allow for to undertake design and delivery of~~ new works, or improvements to existing capital fixed assets at sporting facilities on Council managed land ~~with Voluntary User Contributions Policy funds.~~

2. STATEMENT

2.1. Who does the policy apply to?

The Sports Capital Works Partnership Program Voluntary User Contributions ~~is available~~ Policy applies to all Shoalhaven based sports that meet the provisions of this policy and wish to undertake design for new works or improvements to existing fixed assets on Council managed land.

2.2. Council funding

Council funding for this ~~program~~ policy is to be reviewed ~~annually~~ annually ~~s~~ during the budget process.

Council's matching financial contribution ~~for this program~~ is available to eligible Shoalhaven based sporting groups on the basis of \$2.00 from Council for each \$1.00 contributed by sporting organisations. Eligible projects will require endorsement from the relevant sporting association.

The ~~program policy~~ also supports those Shoalhaven based sporting groups who wish to accumulate funds for strategic projects by carrying over Council's matching contribution to the next financial year. However, funds will only be carried over to match the amount collected by the sporting group for the nominated strategic project(s) which are agreed upon by the Shoalhaven Sports Board.

2.3. Capital improvements

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Capital improvements to sporting facilities refer to the provision of new or improvements to existing capital fixed assets. Such improvements typically involve:

- ~~Design costs for capital projects~~
 - Lighting of sports fields
 - Improvements to amenity blocks
 - Spectator facilities
 - In-ground drainage and/or irrigation
 - Improved playing surfaces
 - Car park and access road sealing
- ~~Long cycle refurbishment of tennis courts~~

This does not include provision of machinery.

2.4. Sports group involvement

The ~~voluntary~~ nature of this ~~program~~ ~~olicy~~ allows Shoalhaven based sporting groups to determine their level of involvement and their preferred methods of collection of funds ~~with which~~ to partner Council in the improvement of facilities on Council managed land. Such methods could include direct levy of participants, fundraising, sponsorship or successful grant applications. ~~Council has not provided any guidelines to assist user groups determine sources of funds.~~

Council's Sports ~~Management Communications~~ Policy ~~outlines the process for states that~~ all communication will take place between relevant Sporting Associations or Peak Bodies and Council.

2.5. Criteria for prioritisation

- I. Compliance with strategic and other plans of council – 50%
- II. Value of additional in-kind labour to contribute – 15%
- ~~iii. VuCs Funding received under this policy by applicant over last 4 years – 10%~~
- ~~iv. III. Percentage of funding club is contributing – 105%~~
- ~~v. IV. The apparent "readiness" of the project to proceed – 15%~~
- ~~vi. Previous project delivery history including acquittal reports – nil~~
- ~~vii. V. Benefit to other users of the reserve – 105%~~

3. PROVISIONS

The following provisions apply:

- 3.1. ~~This~~ **Sports Capital Works Partnership Program Voluntary User Contributions Policy Grant** applies to all sports that occur on Council managed land.

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- 3.2. Council's matching financial contribution is available for Shoalhaven sporting groups on the basis of \$2.00 from Council for each \$1.00 contributed by the applicant with evidence of available funds at time of application.
- 3.3. Applications ~~are for first round funding will be~~ invited in April each year and must be received by 30 June for the following financial year. The Applications will be considered by the Board at its first meeting after 1st July.
- 3.4. ~~Applications for funds remaining after the first round will close on November 1 each year. After 1 July this date, nominations for project funding will be considered by the~~ Shoalhaven Sports Board. ~~The Sports Board~~ will consider the project priority from the remaining funding pool for project funding based on priority need and the ability of the project to be delivered or part delivered in the relevant financial year. ~~These priority projects will be reported to the Board for endorsement.~~
- 3.5. In-kind contributions may ~~only~~ be used to value-add to projects ~~but and~~ will not substitute for the cash contribution ~~component.~~
- 3.6. Funds will not be carried over on a promise of raising matching funds in subsequent years and funds used to match previous Council contributions cannot be used to bid for funds in subsequent years.
- 3.7. Projects qualifying for the ~~Voluntary User Contributions Policy~~ Program will be subject to a financial limit of \$50,000 in matching funds.
- 3.8. Where there is more than one application from a sporting code, the Association must indicate its priority. Associations should provide equal access for all clubs to Council's financial allocation. Where no Association / Peak Body exists, Council will liaise directly with the sporting club.
- 3.9. Council's funding commitment to this ~~e-Voluntary Users Contribution Program~~ policy will be reviewed annually as part of Council's annual Management Plan.
- 3.10. Contributory funds may be held by the Sporting Association / Peak Body (or affiliated Club) or Council ~~providing the overall depending on~~ project management ~~funding~~ arrangements ~~have been endorsed by the Sports Board and Council.~~
- 3.11. All projects shall be overseen by a qualified / licensed operator approved by Council. This will require the qualified / licensed operator providing Council with relevant ~~WorkOccupational~~ Health & Safety information and Safe Work Method Statements. Council has limited capacity to assist in project delivery and this may require the funds to recover relevant staffing costs. If Council is required to provide this service, it reserves the right to recoup its expenditure from the project allocation.
- 3.12. ~~After considering a staff report, the~~ Sports Board will recommend to Council the allocation of any unexpended funds for improvements to sports facilities.
- 3.13. This policy does not apply to Management Committees, other than Committees administering tennis courts or sports with lease agreements with payments contributing to a capital improvement 'sinking' funds or swimming clubs, Surf Life Saving Clubs and skate park users that are funded from a separate annual capital works budget allocation.
- 3.14. Where a project has not commenced in the financial year following the year ~~following the year~~ of allocation, the funding may be withdrawn and re-allocated. The sports group will be advised prior to the withdrawal of funding.
- 3.15. ~~Where the total project cost is less \$5 000, one quote should be sought, and over \$5 000 at least three quotes should be obtained.~~

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3.16 Projects should be consistent with Council's Community Infrastructure Guidelines.

4. IMPLEMENTATION

The ~~Corporate & Community~~ **City Services & Operations** Group will administer this policy.

5. REVIEW

To be reviewed within one year of the appointment of a new elected Council annually.



6. APPLICATION OF ESD PRINCIPLES

~~Natural Capital—Encourage the use of recycled materials at sporting facilities i.e. use of recyclable plastics in park furniture.~~

~~Ecological Integrity—Encourage the selection of vegetation around sporting facilities that will require low application of fertilisers, herbicides and pesticides.~~

~~Social Integrity—Encourage community involvement through the development of sporting facilities.~~

Shoalhaven City Council - **Sports Capital Works Partnership Program** Draft Voluntary User Contributions Policy

	<p>Sports Capital Works Partnership Program</p> <p>Voluntary User Contributions Policy</p>	
<p>File Reference 24899</p>	<p>Project Nomination Form</p> <p>Annual closing date is 1st July</p>	<p>Ref No.</p>

PART A: To be completed by the Club(s) nominating the project (please print)

Project name: _____

Project description: _____

Name of reserve / location: _____

Is the land managed by Shoalhaven City Council? Yes / No

Name of Club: _____

Postal address: _____

Contact person: _____

Position held: _____

Business phone: _____ Mobile: _____

Fax: _____ Email: _____

Does your club have an ABN? Yes / No If yes please supply No.: _____

Is your club registered for GST? Yes / No If yes please supply No.: _____

Does your Club have a Business Plan? If yes, please provide a copy.

Club user profile. Please provide a breakdown of your current Club membership:

Child (0-11yrs) Male _____ Female _____ Adults (18-49yrs) Male _____ Female _____

Youth (12-17yrs) Male _____ Female _____ Seniors (50+yrs) Male _____ Female _____

Proposed project starting date: _____ Anticipated project completion date: _____

Has a Development Application (where applicable) been approved? Yes / No If no, please explain: _____

Has a Construction Certificate been approved? Yes / No If no, please explain: _____

Does the project have the support of other ground users? Yes / No If yes, please provide a list of users below? Please provide and attach letters of support?

Project cost breakdown (Please attach copies of all quotes)

Project funding breakdown (Please provide copies of all supporting details)

Signature of contact person: _____ Date: _____

The information requested by Council on this form may constitute personal information under the Privacy and Personal Information Protection Act 1998. Council is allowed to collect the information from you to consider this matter. Supplying this information is voluntary. However if you cannot or do not wish to provide the information, [Council](#) we may not be able to consider the matter. If you need further details, please contact the Public Information Officer, Shoalhaven City Council.

Shoalhaven City Council - **Sports Capital Works Partnership Program** *Draft Voluntary User Contributions Policy*

PART B – To be completed by the relevant Association/Peak Body (please print)

Name of organisation: _____

Postal address: _____

Contact person: _____

Position held: _____

Business phone: _____ Mobile: _____

Fax: _____ Email: _____

Does the submitting group have a formal organisational structure (ie President, Secretary etc)?
Yes / No

Does the proposed project meet the high priority needs of the sport. Yes / No If yes, please provide details how?

Recommendation – If more than one application is submitted by your organisation a priority should be given to this project relative to other projects

Signature of contact person: _____ Date: _____

The information requested by Council on this form may constitute personal information under the Privacy and Personal Information Protection Act 1998. Council is allowed to collect the information from you to consider this matter. Supplying this information is voluntary. However if you cannot or do not wish to provide the information, we may not be able to consider the matter. If you need further details, please contact the Public Information Officer, Shoalhaven City Council.

Shoalhaven City Council - **Sports Capital Works Partnership Program** *Draft Voluntary User Contributions Policy*

Please send completed nomination forms to:

The General Manager
Shoalhaven City Council
PO Box 42
Nowra NSW 2541

File Reference 24899

Further Information:

Please call Council's **Recreation & Leisure Section** on 4429 **33743331**

SB17.6 Anti Obesity Policy

HPERM Ref: D17/64817

Submitted by: Tony Hardman

Attachments: 1. Bay & Basin Leisure Centre Programs [↓](#)

Recommendation (Item to be determined under delegated authority)

That the Sports Board consider this report from Tony Hardman.

Details

Background:

Tony Hardman, Shoalhaven Sports Board Community Member, has provided this report and requested that the Shoalhaven Sports Board consider and provide a recommendation on this matter.

Purpose:

To help eliminate the perils of obesity which is the biggest health problem facing society as a whole and more pronounced in the Shoalhaven.

Proposed recommendation:

“That the Sports Board prepare a Policy Document for consideration as a pre cursa for the process and present a recommendation to the Council”.

Details:

In 2009 - 2011, the State Government reviewed a Plan to reduce/eliminate obesity in the community especially amongst children.

In the Shoalhaven City Council Local Government Area we are blessed with 43 sportsgrounds (including 4 showgrounds, netball courts, basketball stadiums and a synthetic hockey field) 71 winter fields, 38 summer fields and 21 Management Committees at sportsgrounds and many village greens, beach and shoreland reserves and recreation areas.

In summary, the Plan among other things such as diet, would encourage active lifestyles through use of sport and recreation infrastructure with walking and incidental activities not to mention organised sport. Participation in such activity will also reduce sedentary small screen behaviours which are increasing among adults and children.

Five priorities for action would be:

1. Community Information
2. Healthy Food
3. Active Lifestyles
4. Sport and Recreation
5. Encourage the use of prevention and early intervention services

Council is well positioned to support and promote all of the categories above with the exception of No. 2 - Healthy Food.

Without conducting any thorough research, I believe that there are other Councils in NSW and other states that have an Anti-Obesity Policy in place. If this is not the case the Shoalhaven could well be the Regional leader in NSW in implementation. Recent Tourism statistics indicate that the Shoalhaven is becoming a more increasingly favoured holiday destination.

Adoption of an Anti-Obesity Policy by the Council will lead to a vast improvement to its triple bottom line especially in the Community and Environmental aspects.

It would be in the best interests of the Heart Foundation, Diabetes Australia and the Tourism lobby would give the Policy and Procedures their full support.

Staff Comment

In accordance with the Sports Board Terms of Reference, the role of the Board is a strategic advisory committee to advocate for and inform Council's decision making processes related to improving Shoalhaven sporting facilities and sports participation.

The proposal has merit, however it is important to understand Council's responsibility in this sector. Health Services is not a direct role for Council to facilitate, Health Service Program Delivery is the role of Federal and State Governments. It is also not Council's role to determine who is obese and who requires related assistance, but more to provide opportunities for people to be active.

Council does contribute, and will continue to support Health Services by providing the following which may assist in supporting health sector initiatives to raise awareness and manage obesity:

Encouraging participation in physical and recreational activity from infants through to seniors at all stages of life and abilities - through its services and programs at:

- Swimming Pools & Leisure Centres. An example of the programs offered by the Bay & Basin Leisure Centre is provided as Attachment 1
- Arts based programs – supporting health and well being
- Seniors Week Programs
- Youth Week Programs
- Walking tracks, trails and cycle ways
- Events that it sponsors or assists such e.g. triathlon, colour run, etc.
- Accessible facilities including toilets, change rooms and showers
- Playgrounds, learn to ride facilities, BMX tracks, skate parks, half-court basketball courts and other outdoor spaces
- Outdoor fitness stations

Advocating and lobbying for improved facilities and access to health and wellbeing programs such as:

- Securing grant funding for the Staying Active Program offered at Bomaderry Aquatic Centre which focuses on:
 - Fall prevention
 - Reducing barriers to participation
 - Encouraging a social atmosphere and building relationships
 - Improving mental health

- Securing grant funding for beach wheelchairs providing opportunities for those who have mobility impairment

Encouraging sports clubs and associations to offer programs to encourage greater participation such as:

- Come and try it etc. – focus on building grass roots involvement which results in more members of the community participating in activity and physical exercise etc.

In considering the above information, and given that this is not a direct service role for Local Government, a policy position is recommended that frames Council's role in line with the above comments about the interaction of Local Government with the other levels of government and the health sector. Council should continue working to support the health care sector in raising awareness and managing obesity in the Shoalhaven by promotion of its sport and recreation facilities along with public programs and services to assist the community to increase participation. This is commensurate with the Community Strategic Plan (CSP), Council's adopted Community Infrastructure Strategic Plan and the role of the Sports Board.

It is suggested that the recommendation be

"That a working group of the Sports Board prepare a draft Policy Document for consideration by the Sports Board as a pre cursa for the process and possible presentation of a recommendation to the Council".

CLASSES PERFORMED AT BAY & BASIN LEISURE CENTRE

- **Medicine in Motion at Bay & Basin Leisure Centre**
Medicine in Motion Health Group comprises of a team of accredited exercise physiologists who use exercise as medicine in the treatment and prevention of chronic disease and injuries.
- **Exercise Physiology**
Accredited Exercise Physiologists (AEP's) specialise in clinical exercise prescription and the delivery of exercise & lifestyle modification programs for people who are at risk of, or living with chronic disease.
 - Diabetes or pre-diabetes
 - Obesity
 - Cardiovascular disease
 - Cancer
 - Depression
 - COPD
 - Chronic pain
 - Osteoporosis
 - Osteoarthritis
- **Hydrotherapy**
Hydrotherapy is a great treatment modality for those who suffer from chronic pain, arthritis and for pre and post-surgery rehabilitation.
- **Falls Prevention Group Classes**
This class is suitable for anyone who has a history of falls, would like to increase their confidence without walking aids, or those who suffer from conditions such as osteoporosis and Parkinson's disease.
- **Type 2 Diabetes Group Classes**
This class is suitable for people who have been diagnosed with type 2 diabetes or pre diabetes.
- **Musculoskeletal Rehabilitation**
Developing an exercise programs followed by instruction on how to complete the exercise program with correct technique within the Bay & Basin Gymnasium
- **Chronic Disease Management**
Initial consultation and assessment are held at the Centre to determine your current health status, medical history and exercise/physical activity history. This is also where the patient's health goals will be discussed and determined. Explanation and education on how exercise treatment will improve the patient's health condition and their quality of life followed by written reports to the referring GP, Nurse or Specialist
- **Exercise Physiology**
Accredited Exercise Physiologists (AEP's) specialise in clinical exercise prescription and the delivery of exercise & lifestyle modification programs for people who are at risk of, or living with chronic disease.
- **House with No Steps**
Casual pre-arranged pool activities conducted by agency - <http://www.hwms.com.au/>

- **NSW Disability Trust**
Casual pre-arranged pool activities conducted by agency -
<http://disabilitytrust.org.au/wp-content/uploads/TDT-Shoalhaven-Sydney-Booklet-2017.pdf>
- **Kiama Community College**
Program for Vincentia High School students who are disengaged at school as part of the LINKS NSW Program - gym sessions where students are learning fitness assessments and exercise programing
- **Wreck Bay Aboriginal Community Council**
Casual pre-arranged pool activities conducted by agency – pool / aqua class / land fitness / classes / gym - designed for indigenous women of the Wreck Bay community to assist them with creating an active and healthier lifestyle.

In-house programs including Mossa Licenced programs:

- **Group Power - 5 Classes per week**
Group Power® Suitable for all ages and fitness levels. Using an adjustable barbell, weight plates, and body weight, Group Power combines squats, lunges, presses, and curls with functional integrated exercises. Dynamic music and a motivating group atmosphere will get your heart rate up, make you sweat, and push you to a personal best! *POWER UP!*
- **Group Centergy – 4 classes per week**
Group Centergy® Suitable for all ages and fitness levels will grow you longer and stronger with an invigorating 60-minute mind-body workout. It incorporates yoga and Pilates fundamentals with athletic training for balance, mobility, flexibility, and the core. Emotive music drives the experience as you breathe and sweat through this full-body fitness journey. *REDEFINE YOUR SELF.*
- **Group Ride – 4 classes per week**
Group Ride® Suitable for all ages and fitness levels is a huge calorie burner that builds great-looking legs! It's a 60-minute cycling experience brought indoors. Roll over hills, chase the pack, spin the flats, climb mountains, and sprint to the finish! Feel the thrill of energetic music and group dynamics as you get all the benefits of authentic interval training. *RIDE ON!*
- **Group Fight – 1 class per week**
Group Fight is suitable for all ages and fitness levels that burns a ton of calories and builds total body strength. Tap into the hottest mixed martial arts movements done at a rapid-fire pace to smash your cardio fitness! From the boxing ring to the fighting cage, Group Fight combines cutting-edge moves with thrilling music. This electric experience is addictive! *FIGHT FOR IT!*
- **Group Blast – 2 classes per week**
Group Blast® is 60 minutes of cardio training that uses The STEP® in highly effective, athletic ways which is suitable for all ages and fitness levels will get your heart pounding and sweat pouring as you improve your fitness, agility, coordination, and strength with exciting music and group energy. *HAVE A BLAST!*
- **Aqua Aerobics – 5 Classes per week**

Aqua Aerobics suitable for all ages and fitness levels is a multi-dimensional program in water, designed to improve and increase flexibility, and to strengthen and tone muscles and is suitable for all ages and levels of fitness.

- **Pilates – 4 classes per week**
Pilates which is suitable for all ages and fitness levels is a floor style class that utilises exercises derived from Pilates and Yoga disciplines. It is designed to improve core strength and postural and is stability. Suited to all fitness levels.
- **Aqua Lite – 2 classes per week**
Aqua Lite is a low impact class suitable for those with/or at risk of heart disease, diabetes and arthritis. Also suitable for the previously sedentary or recovering from illness.
- **Teen Gym – 3 sessions per week**
Teen Gym is for High School Children Only. A tailored fitness program in a supervised environment. Instructors guide participants in achieving and maintaining fitness. Conditions apply and parent consent for must be submitted prior to entry.
- **CRT 45 – 2 classes per week**
CRT 45 is suitable for all ages and fitness levels is a 45min class consist of a variety of cardio, resistance and boxing circuits, designed to tone and burn loads of calories in a fun environment where you train at your own fitness level.
- **Spin – 1 class per week**
Spin is suitable for all ages and fitness levels a no coordination required fantastic 45 – 60 minute freestyle stationary cycle work out. Place demands on the cardiovascular system and lower body. Your instructor will provide ever changing scenery and challenges.
- **Fit Swim – 1 class per week**
Fit Swim is 1hr class is designed for adults at any level from beginners up who are looking to further swimming fitness or correct their stroke.
- **Gentle Fit – 2 classes per week**
Gentle Fit is a gentle and effective workout suitable for most people including seniors. Improve your strength and bone density in this class which focusses on functional fitness.
- **Tabata – 1 Class Per Week**
Tabata is suitable for all ages and fitness levels which will help you burn maximum calories in the least amount of time. Tabata features 20 seconds of intense exercise followed by 10 second recovers. These bursts of intensity work will torch calories and strengthen your entire body.
- **Boxing – 1 class per week**
Increase your speed, agility and strength and prepare to sweat in this boot camp style interval training boxing class and is suitable for all ages and fitness levels
- **Aqua HITT – 1 class per week**

Aqua HITT is a challenging but safe way on the joints to improve fitness, body strength, core strength and flexibility and is suitable for all ages and fitness levels, even the beginner.

Note:

The minimum age to attend classes is 12 years of age where a parent or guardian consent form must be produced before entry for students under the age of 18 years. We advise that a pre-screening assessment is completed prior to exercising and a medical clearance letter is produced from a medical GP if the member has any medical conditions.